

FOLLGATE ГIMES

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Issue 363

Friday 13th October 2023

Mental Health Week

On Tuesday 10th October it was World Mental Health Day. This is a very special day to raise the profile of talking about mental health and show everyone that mental health matters. It is also a day to let people know that it's okay to ask for help, no matter what you're going through. We feel this is very important with helping children to cope with the day to day stress life can bring. We want to build our children into strong, resilient young children who can cope in stressful situations.







Year 6 trip to University of East London

Earlier this week children from Year 6 had the amazing opportunity to attend the 'Sport In Your Future' Event, hosted by the University of East London. The children were given an inspirational talk by multi-Olympic medallist Christine Ohuruogu, where they had a chance to ask her questions about her fantastic career and the mind-set needed to compete at the Olympics. A few

children even got the chance to hold and wear one of her many medal! The children then participated in a number of sport activities organised by professional coaches before watching a university basketball match. Overall the children left the day feeling inspired about their future goals and







Staff INSET Day Friday 20th October 2023 **School Closed to**

Children

Parents Evening

Tuesday 28th November & Thursday 30th November

Reception 2024 Open Days

Thursday 30th November 2023 & Friday 5th January

Last Day of Autumn Term

Wednesday 20th December

First Day of Christmas **Holidays**

Thursday 21st December 2023

Spring Term

Starts on Thursday 4th January 2024

Times Tables Rock Stars Weekly Winners



1. Kirabo 6G

2. Ijaaz 3K

3. Jayden 3S

We encourage parents to ensure your children is using the maths platforms, Times Table Rock Stars and Numbots, that are available to you as it will really help them embed key maths skills. Thank you!

Year 3 trip to the Buddhist Temple

On Thursday, Year 3 visited the Buddhist temple across the road from Tollgate. It was a thoroughly enjoyable trip were the children were made to feel very welcome by the monks that live and work there and listened to an insightful introduction to Buddhism and what life is like as a Buddhist monk.





Girls Football Team

The Tollgate School Girls' Football Team took part in a tournament which involved twenty—two schools from across Newham. The tournament took place at West Ham United Foundation and was played in a league format where the top team from each group went through to the semi-finals. In our group were Central Park, Earlham, Godwin, Sandringham and St Helens schools. The girls' put in a tremendous effort and drew four of their matches but unfortunately lost their final match. This meant we did not finish top of our group or qualify for the next round. But what a great effort girls, well done!



Reception Stay and Read Session

Today we invited our Reception parents in for their first visit into their child's classroom. We hosted a stay and read session as part of our initiative to create a real love for reading and to ensure it becomes an important learnt life skill. It was a very successful morning where parents were able to see how we read to the children, how reading is taught in our setting and for their first view of the children's rich learning environments.









Stars of the Week

Alisha	1H ¹
Queen	1H
William	1S
Aniba	1S
Sahil	2B
Kai	2B
Lorenzo	2S
Zak	2S
Aisha	3K
Nameer	3K
Amelia	3S
Noel	3S
Albert	4MC
Dylan	4MC
Julienne	4MD
Alisa	4MD
Charlotte	5B
Matei	5B
Andrea	5D
Michaela	5D
Olivia	6M
Haaris	6M
Lisandro	6G
Arhaan	6G

Handwriting

Yehor	1H
Sahir	1S
Jason	2B
Antonia	2S
Ryan I	3K
Amanda	3S
Maia	4MD
Jasmine	4MC
Isra	5B
Abigail B	5D
Reuben	6M
Jeremiah	6G

