

Tollgate Primary School Curriculum Overview
PSHE Overview

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Nursery (PSED)	<u>Rules and Routines of the Classroom</u> - Identifying class rules and following them	<u>Sharing</u> - Understanding the importance of sharing -Implementing it into their play	<u>Self-care</u> - Identifying the toilet and eating routines - Understanding how to put on and take off coats, scarves, hats etc...	<u>Keeping Safe</u> - Identifying risks in school and at home -Understanding what to do when there is a risk	<u>Friendships</u> - Exploring what friendship is and the importance of being kind -Modelling positive relationships with staff and children	<u>Recognising Feelings and Emotions</u> - Identifying emotions -Explaining why we feel like this
Reception (PSED)	<u>Rules and Routines of the Classroom</u> - Understanding and embedding class rules and 5Cs -Knowing about toilet and eating routines - Explain the need for rules	<u>Teamwork</u> - Recapping how to share -Identifying the importance of working together and as teams -Turn taking	<u>I Am Special</u> - Identifying what makes you special -Increasing confidence to talk in front of class -Understanding similarities and differences	<u>Personal Hygiene</u> - Exploring what we need to do to stay safe and well - Washing regularly -Brushing teeth - Sleeping well at night	<u>Respecting Others</u> - Understanding the similarities and differences in class - Celebrating the classes diversity -Turn taking	<u>Managing Feeling and Emotions</u> - Exploring why we feel the way we do - Identifying what we can do to make us feel better
Year 1	<u>Growing and Changing- How it Affects Me.</u> - Understanding the different stages in a person's life - Setting achievable goals	<u>Recognising and Dealing with Feelings and Emotions.</u> - Developing strategies to respond to a range of feelings - Understanding how your behaviour can affect people	<u>Rights and Responsibilities</u> - Understanding why classroom rules are important - Describing the local environment and the people that live there - Explaining how to improve our local environment	<u>Keeping Safe In and Outside the Home</u> - Identify harmful products - Understand how to keep safe around harmful products - Explaining how to keep safe on the internet	<u>Similarities and Differences between families</u> - Understanding how everyone is unique and what being unique means - Similarities and differences between ourselves and others	<u>What Makes People and Communities Unique</u> - Knowing and understanding the importance of listening - Recognising characteristics of a healthy family

Year 2	<p><u>How to Recognise and Live a Healthy Lifestyle</u></p> <ul style="list-style-type: none"> - Understanding what a healthy lifestyle is - Explain the importance of exercise to a healthy lifestyle 	<p><u>Healthy Relationships with Family and Friends</u></p> <ul style="list-style-type: none"> - Understanding what a secret is and explain how secrets can make me feel uncomfortable and worried - Identify who special people are in my life 	<p><u>Rights, Responsibilities and Our Roles in a Community</u></p> <ul style="list-style-type: none"> - Explaining that all living creatures have rights and needs - Identifying the communities you belong to 	<p><u>Privacy, Secrecy and Worry</u></p> <ul style="list-style-type: none"> - Recognising who can help you in your local community - Develop an understanding of what is meant by privacy 	<p><u>Bullying, Teasing and Boundaries</u></p> <ul style="list-style-type: none"> - Understanding the difference between teasing and bullying - Identifying strategies to handle teasing and bullying 	<p><u>Understanding Money</u></p> <ul style="list-style-type: none"> - Explaining how to keep money safe - Understanding where money comes from - Explaining what charitable donations are and why they are important
Year 3	<p><u>Dealing with Change as I Get Older</u></p> <ul style="list-style-type: none"> - Recognising your areas for improvement and setting goals for the future - Understanding how to deal with conflicting emotions 	<p><u>Recognising and Dealing with Healthy and Unhealthy Relationships</u></p> <ul style="list-style-type: none"> - Recognising different kinds of relationships (friends, family, acquaintances) - Understanding how their actions affect themselves and others 	<p><u>Cultures and Communities</u></p> <ul style="list-style-type: none"> - Identifying institutions that support communities locally and nationally - Recognising the role of voluntary, community and pressure groups. 	<p><u>Avoiding and Dealing with Danger</u></p> <ul style="list-style-type: none"> - Differentiating between the terms risk, danger and hazard - Recognising, predicting and assessing potential risks in the local environment 	<p><u>Emotions, Secrets and Dares</u></p> <ul style="list-style-type: none"> - Developing strategies to respond to a range of feelings appropriately - Understanding the concept of a 'secret' - Explaining what a dare is and how dares can make me feel 	<p><u>Responsibilities and Differences</u></p> <ul style="list-style-type: none"> - Understanding your responsibilities, rights and duties at home and in school - Describing skills necessary to resolve a difference.
Year 4	<p><u>Lifestyles</u></p> <ul style="list-style-type: none"> - Understanding mental wellbeing is a normal part of daily life - Recognising what effects our physical health 	<p><u>Dealing with Differences</u></p> <ul style="list-style-type: none"> - Explaining the importance of listening and understanding how to listen respectfully - Recognising different types of discrimination 	<p><u>Rules, Rights and Laws</u></p> <ul style="list-style-type: none"> - Understanding how rules and laws keep us safe - Explaining human rights and why we have them - Exploring universal rights 	<p><u>Keeping Physically Safe</u></p> <ul style="list-style-type: none"> - Understanding school rules in health and Safety - Classifying situations into emergencies and non-emergencies - Explaining what to do in an emergency situation 	<p><u>Working Collaboratively while Maintaining Personal Values</u></p> <ul style="list-style-type: none"> - Identifying positive points and room for improvement - Working collaboratively towards a shared goal 	<p><u>Respecting Values Traditions and Customs</u></p> <ul style="list-style-type: none"> - Explaining your own values, traditions and customs - Researching various cultures around the world and their customs and beliefs

<p>Year 5</p>	<p><u>Loss and Change</u></p> <ul style="list-style-type: none"> - Explaining various transitions in loss - Identifying strategies to cope with loss, bereavement and separation - Identifying changes in the life cycle 	<p><u>Stereotypes</u></p> <ul style="list-style-type: none"> - Recognising similarities and differences in people - Understanding what 'protected characteristics' are 	<p><u>Gang Awareness</u></p> <ul style="list-style-type: none"> - Understanding the needs of our local community - Explaining what a 'gang' is and what 'grooming' in a gang is - Explaining the dangers associated with knives 	<p><u>Dangers of Media and Alternatives to Technology</u></p> <ul style="list-style-type: none"> - Developing strategies to stay safe online - Understanding how to manage images of yourself online - Understanding how media images do not always represent reality 	<p><u>Self-Respect and Healthy Relationships</u></p> <ul style="list-style-type: none"> - Understanding the importance of self-respect and how this links to your own happiness - Understanding the conventions of manners and courtesy - Recognising a range of relationships 	<p><u>Understanding Finances in the Home</u></p> <ul style="list-style-type: none"> - Understanding how finance plays an important part in people's lives - Identifying ways you can be a critical consumer - Understanding the terms 'interest', 'loan' and 'debt'
<p>Year 6</p>	<p><u>Drug Awareness</u></p> <ul style="list-style-type: none"> - Explaining what is meant by the term drug and identifying common and uncommon drugs - Identifying the risks with taking drugs 	<p><u>Understanding the Effects of Choices and Actions on Others As Well As Ourselves</u></p> <ul style="list-style-type: none"> - Developing an understanding of what kind of physical contact is acceptable or unacceptable - Explaining what kind of physical contact is acceptable or unacceptable 	<p><u>How Money is Used in a Community</u></p> <ul style="list-style-type: none"> - Understanding how the distribution of money can affect the environment - Evaluating how funds are distributed in our local community 	<p><u>Mobile Phone Usage and Pressure</u></p> <ul style="list-style-type: none"> - Understanding what influences behaviour (including peer pressure and the media) - Recognising situations where mobile phone safety might be compromised 	<p><u>Online Relationships</u></p> <ul style="list-style-type: none"> - Develop an understanding of various online relationships - Creating a set of rules and principles for staying safe online - Analysing what apps are age appropriate 	<p><u>Creating an Enterprise</u></p> <ul style="list-style-type: none"> - Understanding what an enterprise is - Identifying some of the steps needed to set up an enterprise project - Describing and demonstrating how research can help find out if an enterprise will be successful