

**Tollgate Primary School Curriculum Overview**  
**PSHE Overview**

	<b><u>Autumn 1</u></b>	<b><u>Autumn 2</u></b>	<b><u>Spring 1</u></b>	<b><u>Spring 2</u></b>	<b><u>Summer 1</u></b>	<b><u>Summer 2</u></b>
Nursery (PSED)	<b><u>Rules and Routines of the Classroom</u></b> - Identifying class rules and following them	<b><u>Sharing</u></b> - Understanding the importance of sharing -Implementing it into their play	<b><u>Self-care</u></b> - Identifying the toilet and eating routines - Understanding how to put on and take off coats, scarves, hats etc...	<b><u>Keeping Safe</u></b> - Identifying risks in school and at home -Understanding what to do when there is a risk	<b><u>Friendships</u></b> - Exploring what friendship is and the importance of being kind -Modelling positive relationships with staff and children	<b><u>Recognising Feelings and Emotions</u></b> - Identifying emotions -Explaining why we feel like this
Reception (PSED)	<b><u>Rules and Routines of the Classroom</u></b> - Understanding and embedding class rules and 5Cs -Knowing about toilet and eating routines - Explain the need for rules	<b><u>Teamwork</u></b> - Recapping how to share -Identifying the importance of working together and as teams -Turn taking	<b><u>I Am Special</u></b> - Identifying what makes you special -Increasing confidence to talk in front of class -Understanding similarities and differences	<b><u>Personal Hygiene</u></b> - Exploring what we need to do to stay safe and well - Washing regularly -Brushing teeth - Sleeping well at night	<b><u>Respecting Others</u></b> - Understanding the similarities and differences in class - Celebrating the classes diversity -Turn taking	<b><u>Managing Feeling and Emotions</u></b> - Exploring why we feel the way we do - Identifying what we can do to make us feel better
Year 1	<b><u>Growing and Changing- How it Affects Me.</u></b> - Understanding the different stages in a person's life - Setting achievable goals	<b><u>Recognising and Dealing with Feelings and Emotions.</u></b> - Developing strategies to respond to a range of feelings - Understanding how your behaviour can affect people	<b><u>Rights and Responsibilities</u></b> - Understanding why classroom rules are important - Describing the local environment and the people that live there - Explaining how to improve our local environment	<b><u>Keeping Safe In and Outside the Home</u></b> - Identify harmful products - Understand how to keep safe around harmful products - Explaining how to keep safe on the internet	<b><u>Similarities and Differences between families</u></b> - Understanding how everyone is unique and what being unique means - Similarities and differences between ourselves and others	<b><u>What Makes People and Communities Unique</u></b> - Knowing and understanding the importance of listening - Recognising characteristics of a healthy family

Year 2	<p><b><u>How to Recognise and Live a Healthy Lifestyle</u></b></p> <ul style="list-style-type: none"> <li>- Understanding what a healthy lifestyle is</li> <li>- Explain the importance of exercise to a healthy lifestyle</li> </ul>	<p><b><u>Healthy Relationships with Family and Friends</u></b></p> <ul style="list-style-type: none"> <li>- Understanding what a secret is and explain how secrets can make me feel uncomfortable and worried</li> <li>- Identify who special people are in my life</li> </ul>	<p><b><u>Rights, Responsibilities and Our Roles in a Community</u></b></p> <ul style="list-style-type: none"> <li>- Explaining that all living creatures have rights and needs</li> <li>- Identifying the communities you belong to</li> </ul>	<p><b><u>Privacy, Secrecy and Worry</u></b></p> <ul style="list-style-type: none"> <li>- Recognising who can help you in your local community</li> <li>- Develop an understanding of what is meant by privacy</li> </ul>	<p><b><u>Bullying, Teasing and Boundaries</u></b></p> <ul style="list-style-type: none"> <li>- Understanding the difference between teasing and bullying</li> <li>- Identifying strategies to handle teasing and bullying</li> </ul>	<p><b><u>Understanding Money</u></b></p> <ul style="list-style-type: none"> <li>- Explaining how to keep money safe</li> <li>- Understanding where money comes from</li> <li>- Explaining what charitable donations are and why they are important</li> </ul>
Year 3	<p><b><u>Dealing with Change as I Get Older</u></b></p> <ul style="list-style-type: none"> <li>- Recognising your areas for improvement and setting goals for the future</li> <li>- Understanding how to deal with conflicting emotions</li> </ul>	<p><b><u>Recognising and Dealing with Healthy and Unhealthy Relationships</u></b></p> <ul style="list-style-type: none"> <li>- Recognising different kinds of relationships (friends, family, acquaintances)</li> <li>- Understanding how their actions affect themselves and others</li> </ul>	<p><b><u>Cultures and Communities</u></b></p> <ul style="list-style-type: none"> <li>- Identifying institutions that support communities locally and nationally</li> <li>- Recognising the role of voluntary, community and pressure groups.</li> </ul>	<p><b><u>Avoiding and Dealing with Danger</u></b></p> <ul style="list-style-type: none"> <li>- Differentiating between the terms risk, danger and hazard</li> <li>- Recognising, predicting and assessing potential risks in the local environment</li> </ul>	<p><b><u>Emotions, Secrets and Dares</u></b></p> <ul style="list-style-type: none"> <li>- Developing strategies to respond to a range of feelings appropriately</li> <li>- Understanding the concept of a 'secret'</li> <li>- Explaining what a dare is and how dares can make me feel</li> </ul>	<p><b><u>Responsibilities and Differences</u></b></p> <ul style="list-style-type: none"> <li>- Understanding your responsibilities, rights and duties at home and in school</li> <li>- Describing skills necessary to resolve a difference.</li> </ul>
Year 4	<p><b><u>Lifestyles</u></b></p> <ul style="list-style-type: none"> <li>- Understanding mental wellbeing is a normal part of daily life</li> <li>- Recognising what effects our physical health</li> </ul>	<p><b><u>Dealing with Differences</u></b></p> <ul style="list-style-type: none"> <li>- Explaining the importance of listening and understanding how to listen respectfully</li> <li>- Recognising different types of discrimination</li> </ul>	<p><b><u>Rules, Rights and Laws</u></b></p> <ul style="list-style-type: none"> <li>- Understanding how rules and laws keep us safe</li> <li>- Explaining human rights and why we have them</li> <li>- Exploring universal rights</li> </ul>	<p><b><u>Keeping Physically Safe</u></b></p> <ul style="list-style-type: none"> <li>- Understanding school rules in health and Safety</li> <li>- Classifying situations into emergencies and non-emergencies</li> <li>- Explaining what to do in an emergency situation</li> </ul>	<p><b><u>Working Collaboratively while Maintaining Personal Values</u></b></p> <ul style="list-style-type: none"> <li>- Identifying positive points and room for improvement</li> <li>- Working collaboratively towards a shared goal</li> </ul>	<p><b><u>Respecting Values Traditions and Customs</u></b></p> <ul style="list-style-type: none"> <li>- Explaining your own values, traditions and customs</li> <li>- Researching various cultures around the world and their customs and beliefs</li> </ul>

<p>Year 5</p>	<p><b><u>Loss and Change</u></b></p> <ul style="list-style-type: none"> <li>- Explaining various transitions in loss</li> <li>- Identifying strategies to cope with loss, bereavement and separation</li> <li>- Identifying changes in the life cycle</li> </ul>	<p><b><u>Stereotypes</u></b></p> <ul style="list-style-type: none"> <li>- Recognising similarities and differences in people</li> <li>- Understanding what 'protected characteristics' are</li> </ul>	<p><b><u>Gang Awareness</u></b></p> <ul style="list-style-type: none"> <li>- Understanding the needs of our local community</li> <li>- Explaining what a 'gang' is and what 'grooming' in a gang is</li> <li>- Explaining the dangers associated with knives</li> </ul>	<p><b><u>Dangers of Media and Alternatives to Technology</u></b></p> <ul style="list-style-type: none"> <li>- Developing strategies to stay safe online</li> <li>- Understanding how to manage images of yourself online</li> <li>- Understanding how media images do not always represent reality</li> </ul>	<p><b><u>Self-Respect and Healthy Relationships</u></b></p> <ul style="list-style-type: none"> <li>- Understanding the importance of self-respect and how this links to your own happiness</li> <li>- Understanding the conventions of manners and courtesy</li> <li>- Recognising a range of relationships</li> </ul>	<p><b><u>Understanding Finances in the Home</u></b></p> <ul style="list-style-type: none"> <li>- Understanding how finance plays an important part in people's lives</li> <li>- Identifying ways you can be a critical consumer</li> <li>- Understanding the terms 'interest', 'loan' and 'debt'</li> </ul>
<p>Year 6</p>	<p><b><u>Drug Awareness</u></b></p> <ul style="list-style-type: none"> <li>- Explaining what is meant by the term drug and identifying common and uncommon drugs</li> <li>- Identifying the risks with taking drugs</li> </ul>	<p><b><u>Understanding the Effects of Choices and Actions on Others As Well As Ourselves</u></b></p> <ul style="list-style-type: none"> <li>- Developing an understanding of what kind of physical contact is acceptable or unacceptable</li> <li>- Explaining what kind of physical contact is acceptable or unacceptable</li> </ul>	<p><b><u>How Money is Used in a Community</u></b></p> <ul style="list-style-type: none"> <li>- Understanding how the distribution of money can affect the environment</li> <li>- Evaluating how funds are distributed in our local community</li> </ul>	<p><b><u>Mobile Phone Usage and Pressure</u></b></p> <ul style="list-style-type: none"> <li>- Understanding what influences behaviour (including peer pressure and the media)</li> <li>- Recognising situations where mobile phone safety might be compromised</li> </ul>	<p><b><u>Online Relationships</u></b></p> <ul style="list-style-type: none"> <li>- Develop an understanding of various online relationships</li> <li>- Creating a set of rules and principles for staying safe online</li> <li>- Analysing what apps are age appropriate</li> </ul>	<p><b><u>Creating an Enterprise</u></b></p> <ul style="list-style-type: none"> <li>- Understanding what an enterprise is</li> <li>- Identifying some of the steps needed to set up an enterprise project</li> <li>- Describing and demonstrating how research can help find out if an enterprise will be successful</li> </ul>